



	Monday	Tuesday	Wednesday	Thursday	Friday
Baguette bar	Freshly baked Baguettes & Sandwiches served daily with a range of exciting meat and vegetarian fillings				
Meaty Mains	Southern Crumbed Chicken with Creole Salsa and Coleslaw	Chilli beef nacho bake with jalapeno peppers and melting cheddar cheese	Lamb and Red pepper korma with Jasmine rice	Reggae – Reggae Chicken Wraps with Mange tout and cabbage slaw	Crisp ‘panko’ crumbed fillet of fish with Thai chilli sauce
Veggie Mains	Baked Aubergine Filled with spinach and mushroom (V)	Quorn, spinach and cheese potato roll (V)	Paneer and Mix Pepper Fry with jasmine rice (V)	Carrot and red onion Wraps with salsa and salad (V)	Peas and corn crushed bean patties in a bun with melting cheese (V)
On the side...	Cajun potato wedges Broccoli and asparagus	Garlic Bread Steamed cabbage	Roasted Okra and Cauliflower	Tortilla chips Roasted pumpkin and spinach	Chunky Chips Baked beans
Pasta	Spaghetti with roasted peppers (V)	Tomato and broccoli pasta (V)	Tri colour pasta with vegetable (V)	Tomato and Basil pasta (V)	Pasta with cheese (V)
Jackets	Fresh baked potatoes served daily with a range of hot or cold fillings				
Salads	Fresh seasonal salads and dressings served daily				
Dessert	Vanilla Panna cotta with strawberries	Japanese Cheese Cake	Danish chocolate and Coconut Biscuit Bars	Mango and coconut jelly	Choice of flavoured Ice creams with chocolate sauce
Cold treats	Fresh Apple juice, Orange juice, Milk shakes and Fresh fruits served				