



	Monday	Tuesday	Wednesday	Thursday	Friday
Baguette bar	Freshly baked Baguettes & Sandwiches served daily with a range of exciting meat and vegetarian fillings				
Meaty mains	Jerk chicken leg in spiced gravy with turmeric Rice and peas	Lamb Jalfrezi with roasted peppers and ginger. Naan bread	French bread pizza with tasty meat or vegetarian toppings. Oven baked wedges	Malaysian chicken curry with lime, coconut and freshly chopped ginger	Battered Fish With Lemon & Tartar Sauce
No meat option	Potato and peas samosa with turmeric Rice (V)	Sweet Potato, spinach and Chick Pea Korma with Naan bread (V)	Thai green aubergine and lentil curry with coconut and coriander. Steamed rice (V)	Red Lentil with jasmine rice (V)	Vegetable sausages (V)
On the side...	Steamed Hispi cabbage Sweetcorn	Kaffir lime rice Roasted vegetables	Peas and sweetcorn	Jasmine rice Roasted Okra and cauliflower	Chunky Chips Peas
Pasta	Tomato and Basil pasta (V)	Pasta with corn and cabbage (V)	Sicilian spaghetti (V)	Mac 'N' Cheese (V)	Penna Arrabbiata (V)
Jackets	Fresh baked potatoes served daily with a range of hot or cold fillings				
Salads	Fresh seasonal salads and dressings served daily				
Dessert	Lemon tart with cream	Apricot and Raspberry sponge with custard	Banoffee pie	Rich Chocolate fruit cake	Chocolate Brownie with whipping cream
Cold treats	Fresh Apple juice, Orange juice, Milk shakes and Fresh fruits served daily				