

Ark Elvin Academy Year 10 Suggested Timetable



Time	Monday	Tuesday	Wednesday	Thursday	Friday
Prep – 20 minutes	Check school emails and online work	Check school emails and online work	Check school emails and online work	Check school emails and online work	Check school emails and online work
Physical activity – 30 minutes	Daily physical activity	Daily physical activity	Daily physical activity	Daily physical activity	Daily physical activity
Session 1 – Up to 1 hour	English	English	English	English	French
Session 2 – Up to 1 hour	French	Maths	Maths	Maths	Maths
Session 3 – Up to 1 hour	Science	Science	Science	Geography/History	Science
Session 4 – Up to 1 hour	Option 3	Geography/History	Option 3	Self-selected	Self-selected
Reading – 30 minutes	Read library book/ebook	Read library book/ebook	Read library book/ebook	Read library book/ebook	Read library book/ebook